

PROGRAM DESCRIPTION

This two-day course will provide the Wound Care Nurse with the knowledge and skills to provide care for the individual with a compromised lower extremity.

Areas of focus will include the following: pathology of diabetic foot ulcers; sensorimotor and vascular assessment of the lower limb; preventive foot and nail care and education; management of common problems (thickened nails, ingrown nails, corns and calluses); and principles and procedures for offloading.

The course will involve one day of didactic content, followed by clinical experience in a residential retirement facility and an offloading skills lab.

*This Program Meets the Requirements to
Take the WOCNCB Foot and Nail
Certification Exam*

PROGRAM FACULTY

Lea Crestodina, MSN RN GNP CDE CWOCN

Dorothy Doughty, MN RN CWOCN FAAN

Myra Varnado, BS RN CDE CWOCN

Mail or fax this form if you
plan to attend to:

ATTN: Brenda Michael
EMORY UNIVERSITY WOCNEC
1365 Clifton Road, NE, Room AT732
Atlanta, GA 30322-1013

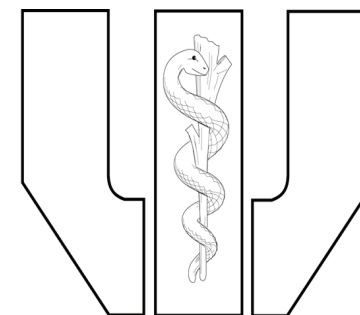
Current Approaches to Diabetic Foot Care

Presented By:

Emory University

School of Medicine

**Wound, Ostomy, and Continence
Nursing Education Center**



THE ROBERT W. WOODRUFF HEALTH SCIENCES
CENTER OF EMORY UNIVERSITY

March 12-13, 2009

**1365 Clifton Rd.,
NE. RM AT730**

**EMORY UNIVERSITY
Atlanta, GA 30322-1013**

PROGRAM INFORMATION

Content/Time Frame:

Day 1

8:00 – 8:15	Registration
8:15 – 8:30	Welcome, Introductions and Overview
8:30 -- 9:10	Diabetes Overview & Management
9:10 – 9:40	Peripheral Arterial Disease
9:40 – 9:55	BREAK
9:55 – 10:40	Neuropathy
10:40 – 11:10	Differential Assessment (includes hands on Practice)
11:10 – 12:00	Foot and Nail: Structure & Function
12:00 – 1:00	LUNCH
1:00 – 5:00	Foot and Nail Clinic

Day 2

8:30 – 9:30	Staged Management of the Diabetic Foot
9:30 – 10:15	Managing the Charcot Foot
10:15 – 10:30	BREAK
10:30 – 11:45	Principles for Program Development/ Reimbursement Issues
11:45 – 12:45	LUNCH
12:45 – 4:30	Fabrication of Alternative Off-Loading Devices



Objectives: Upon completion of this course the participant will be able to:

- 1.) Describe the pathology of peripheral arterial disease and neuropathy and explain how each contributes to ulceration and potential limb loss.
- 2.) Describe the key structures of the foot and nail, common alterations seen in the diabetic population, and implications for management.
- 3.) Explain the importance of each of the following in limb preservation: tight glucose control; preventive foot and nail care; offloading of bony prominences; patient education.
- 4.) Perform a comprehensive assessment of foot and nail status to include: vascular assessment; sensorimotor assessment; assessment of skin and nails; assessment of footwear.
- 5.) Utilize assessment data to develop an individualized plan for foot and nail care and footwear, to include offloading if indicated.
- 6.) Describe each of the three “levels” of foot and nail care to include: patient characteristics, practitioner qualifications, and interventions.
- 7.) Describe and/or demonstrate the indications and technique for each of the following: thinning of hypertrophic nails, paring of corns and calluses, and management of ingrown nails.
- 8.) Describe and/or demonstrate the indications and techniques for offloading of metatarsal heads and management of hammertoes/claw toes.
- 9.) Identify key aspects of patient teaching related to routine foot care, appropriate footwear, and injury prevention.
- 10.) Identify indications for referral to a podiatrist or vascular surgeon.
- 11.) Describe infection control precautions to be observed when providing foot and nail care.

Current Approaches to Diabetic Foot Care

Program Registration Fee \$500.00

Registration Deadline is March 6, 2009

Class size is limited to 8

Name _____	
Address _____	

EMAIL (REQUIRED)	PHONE
Method of Payment	
<input type="checkbox"/> Check	
<input type="checkbox"/> Visa	
<input type="checkbox"/> MasterCard	
<input type="checkbox"/> American Express	
Credit Card # _____	Exp. date _____
Signature _____	3 Digit Code _____

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