

ATTENDANCE BY RESERVATION ONLY

I will attend

Ostomy 101: Basic Ostomy Care

Friday, June 19, 2009

Friday, November 6, 2009

(Please Circle One)

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

\$250 Check or Money Order Enclosed

(There is a \$50.00 non-refundable cancellation fee)

Major Credit Cards are Accepted

(3% miscellaneous fee added)

Credit Card Number _____

Expiration Date: _____ Card Code: _____

Name (as it appears on card): _____

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Telephone: _____

**Mail this form along with check or
money order Payable to:**

**Emory University: WOCNEC
1365 Clifton Rd NE
Room AT732
Atlanta, GA 30322**

**Brenda Michael
Phone (404) 778-3149
Fax: (404) 778-4778
E-Mail: brmicha@emory.edu**

OSTOMY 101: BASIC OSTOMY CARE

**FRIDAY, JUNE 19, 2009
FRIDAY, NOVEMBER 6, 2009**

Presented By:



EMORY
UNIVERSITY
SCHOOL OF
MEDICINE

WOUND, OSTOMY, CONTINENCE
NURSING EDUCATION CENTER

Course Description

This 1-day course is designed to provide the nurse with the basic knowledge and skills needed to provide care for patients with all types of stomas. The emphasis will be on current research findings and guidelines for care in all settings. The participant will gain skill in the areas of disease states leading to an ostomy, construction of the stoma, management of the ostomy from post-op to outpatient, pouching techniques, product selection, common peristomal complications, and treatment, indications for referral and the psychological impact of ostomy surgery.

Selected Objectives:

1. Outline disease and injury states that may necessitate a temporary or permanent colostomy, ileostomy or urinary diversion.
2. Identify content to include in patient teaching/counseling for a patient with a colostomy/Ileostomy/urinary diversion.
3. Demonstrate procedure for pouch emptying and basic pouch change.
4. Describe the process for “routine” peristomal skin care and protection.
5. Identify indications for use of skin sealants and skin barriers.
6. Describe pouching system characteristics and nursing implications.
7. Demonstrate the “crusting” technique.
8. Demonstrate the procedure for sizing a stoma and creating a pattern
9. Identify common peristomal complications and a treatment for each.
10. Discuss the psychological impact ostomy surgery can have on an individual.
11. List 3 strategies that facilitate adaptation to an ostomy.

COURSE OUTLINE

Day 1

8:00-8:15	Registration
8:15-8:45	Indications for colostomy Construction of colostomy
8:45-9:30	Counseling for the colostomy patient
9:30-10:00	Indications for an ileostomy in adults
10:00-10:15	BREAK
10:15-11:00	Patient teaching/counseling for the ileostomy patient
11:00-11:15	Indications for urinary diversions
11:15-11:45	Patient teaching/counseling for the patient with a urinary diversion
11:45-12:45	LUNCH (on your own)
12:45-1:45	Pouch emptying/pouch change routine peristomal skin care
1:45-2:45	Skin sealants, barriers, pouching system characteristics
2:45-3:00	BREAK
3:00 -3:30	Crusting technique, sizing & patterns
3:30-4:15	Peristomal complications & treatment
4:15-5:00	Psychological impact of ostomy surgery and facilitating adaptation

REGISTRATION FEE \$250

Due when registration form is submitted

LOCATION

1365 Clifton Rd., NE; RM AT730; Atlanta, GA 30322

PARKING

1701Lowergate Drive, Visitor Parking (\$5 per day) adjacent to The Emory Clinic, Building B (valet parking available for \$7)

AIRPORT

Hartsfield Atlanta International Airport is 25 miles from Emory University Campus

SHUTTLE FROM AIRPORT

Atlanta Airport Superior Shuttle—For Reservations or more info go to <http://www.atlsuperiorshuttle.com/> or call (770) 457-4794

HOTELS

Courtyard Executive Park/Emory by Marriott
<http://cwp.marriott.com/atlep/wocnecemory/>
(412) 736-1804
The Emory Inn, (800) 933-6679 or (404) 712-6700.
The Emory Conference Center Hotel,
(800) 933-6679 or (404) 712-6700

CE CREDIT

AN APPLICATION HAS BEEN SUBMITTED TO THE GEORGIA NURSES ASSOCIATION FOR APPROVAL OF 7.5 CONTACT HOURS. PLEASE CALL LEA CRESTODINA AT EMORY WOCNEC FOR MORE INFORMATION. 404.778.5772

INSTRUCTORS

Dorothy B. Dougherty, MN, RN, CWOCN, FAAN
Director